A Personal Guide to Managing Chest Drainage

This document is intended to provide information to an international audience outside of the US.
Table of contents

Your personal guide to managing water seal chest drainage is a quick and easy reference to help extend your understanding of chest tube drainage and to help answer questions which may come up from time to time. It is provided as an educational service of Getinge This booklet has been prepared as an educational aid only and is not intended to replace any medical or nursing practices or hospital policies. Due to numerous model types available, it is important to carefully read and follow each corresponding product insert prior to use.

Introduction
Making it simple to understand...................... 4

How water seal CDUs function
The basic operating system.............................. 5
Fluid collection........................................... 6
Water seal.................................................... 6
Suction control............................................. 7

The Getinge system
Design .......................................................... 8
Features, benefits, function................................. 10
Product feature summary ..................................... 12

System set up
Open package................................................. 14
Requirements for set up..................................... 14
Four step set up.............................................. 14

What to check during system operation
Suction control stopcock.................................... 18
Verifying system operation................................. 18
Placement of unit........................................... 18
Observing water seal for patient air leaks .......... 19
Graduated air leak monitor .......................... 19
Sampling patient drainage ............................ 19
Observing changes in patient pressure .......... 20
Getinge’s high negativity float valve ............ 20
Manual high negativity vent ....................... 20
Positive pressure protection ....................... 21
Adding water to water seal ....................... 21
Adding water to suction control ............... 21
To prescribe suction pressure
  greater than -20 cmH₂O ..................... 21
To lower suction control pressure .......... 22
Recording drainage volume ...................... 22
In-line patient tube connector ............... 22
Patient tube clamp .............................. 22
Swing out floor stand ......................... 23
Multi-position hangers ...................... 23
Gravity drainage .......................... 23
System disconnection ....................... 23

Anatomy and physiology review
Anatomy of the chest ............................ 24
Why the lungs are expanded .................... 25
The mechanics of breathing .................... 26

Why water seal CDUs are used
Clinical needs for chest tube drainage ......... 27

What to check for during CDU use .............. 30

Chest tube placement
Chest tube insertion ............................. 31
Chest tube nursing responsibilities ............. 32

Troubleshooting guide
Questions and answers .......................... 33
Introduction

Making it simple to understand
The purpose of any chest drainage device is to help re-establish normal vacuum pressures by removing air and fluid in a closed, one-way fashion.

The need for chest drainage is also required following open heart surgery and chest trauma to evacuate any pooling blood which, if left in the mediastinal cavity, can cause cardiac distress or tamponade. Hence, chest drainage is indeed a life-saving procedure and one of the most important services a physician and nurse clinician can render.

While the practical application of water seal chest drainage techniques are relatively simple, sometimes the chest drain and its accompanying terminology may appear complex. However, water seal chest drainage systems are actually quite simple to manage and easy to understand. It is our hope that review of this educational aid booklet will help enhance your working knowledge of chest drainage and further familiarize you with Getinge’s traditional water seal operating system.

Customer service
If a question or need arises for customer service, product information, or to request inservice educational material, we invite you to call anytime.

In the U.S.A. 1-800-528-7486
Outside the U.S.A. 603-880-1433
FAX 603-880-6718
www.getinge.com

For additional information about Getinge products refer to www.getinge.com
How water seal CDUs function

The basic operating system

Today’s water seal drainage systems are comprised of a one-piece, 3-chamber set up, which provides separate functions of fluid collection, water seal (which serves as a simple one-way valve), and suction control. An easy way to describe the one-way action of a water seal is to refer to a cup of water and a straw. If one were to blow air into a submerged straw, air would bubble out through the water. Now if you wanted to draw the air back through the straw, you would only draw water. When chest drainage came into light many years ago, the one-way action of a water seal (water bottle and straw concept) provided a simple but ideal means for evacuating air and not allowing it to return to the patient.
Water seal operating systems provide a simple method to maintain a required amount of vacuum in a patient’s chest, as well as patient assessment, improved air leak detection, high negative pressure protection and options for autotransfusion.

**Fluid collection**

In a traditional water seal operating system, fluids drain from the patient directly into a large *collection chamber* via a 6-foot patient tube (3/8” I.D). As drainage fluids collect in this chamber, the nurse will record the amount of fluid that collects on a specified schedule. Therefore, an easy-to-read, well graduated collection chamber is an important feature for any chest drainage system.

**Water seal**

The *water seal chamber*, which is connected in series to the collection chamber, allows air to pass down through a straw or narrow channel and bubble out through the bottom of the water seal. Since air must not return to the patient, a water seal is a simple, cost effective means for protecting the patient, in addition to being very useful in determining intrathoracic pressure. The water seal column is graduated and acts as a water manometer for measuring intrathoracic pressure. As changes in intrathoracic pressure occur, fluctuation in the water level can be observed in this graduated column.
Such fluctuations provide the clinician an indication of how the patient is progressing. With the addition of an advanced float valve at the top of the water seal, a patient can also be protected from the dangers of accumulating high vacuum pressures or high negativity, which can be induced from chest tube stripping or milking. Today’s more sophisticated systems provide such patient protection both manually and automatically.

**Suction control**

The use of suction helps overcome an air leak by improving the rate of air and fluid flow out of the patient. This is accomplished with a *suction control chamber*, which is an atmospherically vented section containing water and is connected in series with the water seal chamber and collection chamber. By adding or removing water in the suction control chamber, the chest drain controls the amount of suction imposed on the patient. The lower the water content, the lower the imposed suction. The higher the water level, the higher the imposed suction.
The Getinge system

Design
From the beginning, Getinge has pioneered advances in water seal design with chest drains that are user friendly and cost effective. We’ve continued our commitment to product innovation with the latest series of Getinge Ocean water seal chest drains featuring a familiar water seal operating system with convenient ATS compatibility, essential for today’s hospital-wide standardization needs.

• Compact, lightweight unit is easy to handle, convenient to transport and sets up in seconds.
• Large, easy-to-read collection chamber numbers and graduations provide simple patient drainage assessment.
• The water seal design features knock-over protection.
• Blue tint water seal and suction control chambers offer enhanced visibility for tracking patient air leaks and verifying suction level.
• Suction control stopcock provides quiet operation, operating efficiency and evaporation protection.
• Advanced float valve design provides automatic high negative pressure relief.
• Filtered manual vent offers protection when reducing patient pressure.
• Available with in-line patient tube connectors for convenient change out or rapid in-line ATS bag use.
A Suction control chamber
B Water seal chamber
C Air leak monitor
D Collection chamber
E Easy-to-grip handle
F Positive pressure release valve
G Filtered manual high negativity vent
H Multi-position hangers
I In-line connector
J Needleless access port
K Patient pressure float ball
L Swing out floor stand
M Patient tube clamp
N Patient connector
Suction control stopcock
Available on most Getinge Ocean models, the suction control stopcock provides effective control of vacuum to the drain for quiet system operation. Simple to use and operate, it can be adjusted at bedside to increase or decrease suction control bubbling or simply “quiet down” the chest drain with soft, gentle bubbling. With the suction control stopcock, multiple drainage units can be connected to a single suction source, providing effective control of bubbling for each. Additionally, a traditional water seal CDU can be safely and conveniently connected to unregulated vacuum anywhere in the hospital.

Water seal technology
At the heart of every Ocean water seal chest drain is an advanced water seal design. Patient air leak assessment and system integrity are enhanced with a blue tint water seal and knock-over protection. The graduated water seal also provides convenient patient pressure assessment and features automatic high negative pressure relief. Together with a new, ergonomically designed filtered manual vent, patients have protection from accumulating vacuum pressure.

Air leak detection
All Getinge water seal products feature a patient pressure float ball for monitoring changes in intrathoracic pressures. With a graduated air leak monitor at the bottom of the water seal, intermittent as well as continuous air leaks can be readily confirmed. When water is added to the
water seal, the water will turn blue. This enhanced visibility of the water seal makes monitoring patient air leaks quick and easy when bubbling is present in the graduated air leak monitor.

**Float valve design**
Getinge’s high negativity float valve with its controlled release action enables the thoracic patient to draw as much intrathoracic pressure as is required during each respiratory cycle. During prolonged episodes of extreme negative pressure (as with chest tube stripping), the controlled release system will automatically relieve excessive vacuum to a lower level.

**Filtered manual vent**
The Ocean’s filtered manual vent, conveniently located on top of the drain is easy-to-use. Designed for use when connected to suction, temporary depression will lower height of water seal column and patient pressure.

**System disconnection and options for autotransfusion**
On models equipped with in-line connectors, Getinge offers flexibility for prescribing post-op autotransfusion at any time. These locking patient tube connectors provide system disconnection after use or rapid in-line ATS blood bag attachment, when required.
<table>
<thead>
<tr>
<th>Feature</th>
<th>Benefit</th>
<th>Function</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-attached funnel</td>
<td>Quick and easy set up.</td>
<td>Allows properly filled water seals. Pull forward and down. Fill funnel to top, raise to empty water into drain.</td>
</tr>
<tr>
<td>Suction control stopcock</td>
<td>Simple and convenient suction regulation.</td>
<td>Stopcock provides control for constant gentle bubbling with either regulated or unregulated suction.</td>
</tr>
<tr>
<td>Blue tint suction control chamber</td>
<td>Quiet, efficient operation offers evaporation protection.</td>
<td>Unique aeration and condensation rib design reduces vibration and channels water energy. Verifying suction level is convenient with blue tint water.</td>
</tr>
<tr>
<td>Blue tint water seal</td>
<td>Efficient air leak detection and convenient monitoring of patient pressure.</td>
<td>Water seal turns blue when filled.</td>
</tr>
<tr>
<td>Graduated air leak monitor</td>
<td>Fast, easy detection and monitoring of patient air leaks.</td>
<td>Air leak bubbling can range from 1 (low) to 5 (high) for monitoring patient air leak trends.</td>
</tr>
<tr>
<td>High negativity float valve</td>
<td>Design provides patient protection during deep inspiration and gravity drainage.</td>
<td>Allows the thoracic patient to draw as much intrathoracic pressure as required to complete respiration while maintaining the integrity of the water seal.</td>
</tr>
<tr>
<td>Filtered manual vent</td>
<td>Easy-to-use</td>
<td>Provides effective manual vent control when lowering height of water seal column.</td>
</tr>
<tr>
<td>High negative pressure protection</td>
<td>Advanced float valve automatically vents high vacuum.</td>
<td>Valve design offers a controlled release during episodes of prolonged high negative pressure.</td>
</tr>
<tr>
<td>Positive pressure protection</td>
<td>Tamper resistant positive pressure relief valve automatically protects patient from accumulating positive pressure.</td>
<td>Integral to the system, this valve automatically prevents tension pneumothorax during accidental suction line occlusion.</td>
</tr>
<tr>
<td>Feature</td>
<td>Benefit</td>
<td>Function</td>
</tr>
<tr>
<td>-------------------------------</td>
<td>-------------------------------------------------------------------------</td>
<td>--------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Autotransfusion capabilities</td>
<td>Getinge provides numerous options for emergency or post-op autotransfusion on demand.</td>
<td>Fast, convenient ATS bag use or continuous ATS via infusion pump.</td>
</tr>
<tr>
<td>In-line connector</td>
<td>Smooth, low-profile design has locking mechanism.</td>
<td>Connector provides system disconnection or fast in-line ATS bag attachment.</td>
</tr>
<tr>
<td>Needleless access sampling port</td>
<td>In-line fluid removal. No needle necessary.</td>
<td>Connects to any standard luer-lock syringe.</td>
</tr>
<tr>
<td>Patient tube slide clamp</td>
<td>Patient protection during patient tube detachment.</td>
<td>Provides secure patient tube occlusion during system disconnection or ATS bag use. Slide clamp design prevents inadvertent closure.</td>
</tr>
<tr>
<td>Collection chamber graduations</td>
<td>Improved collection chamber design is easy to read.</td>
<td>Large collection window graduations provide fast and accurate volume assessment.</td>
</tr>
<tr>
<td>Maximum knock-over protection</td>
<td>Fully recoverable water seal offers maximum patient protection.</td>
<td>Water seal integrity is preserved during transport and accidental knock-over, even when connected to suction.</td>
</tr>
<tr>
<td>Easy-to-grip handle</td>
<td>Comfortable design facilitates hand-off.</td>
<td>Makes patient ambulation and patient transport easy.</td>
</tr>
<tr>
<td>Flexi-hangers</td>
<td>Accommodates today’s newer bed designs.</td>
<td>Flexible hangers (located inside the handle) allow drain to be hung from a single point.</td>
</tr>
<tr>
<td>Swing out floor stand</td>
<td>Secure system placement during set up or on floor.</td>
<td>Floor stand swings out for maximum stability, closes for transport.</td>
</tr>
<tr>
<td>Complete product line</td>
<td>Getinge produces a complete family of dry suction chest drain models for hospital-wide standardization, including dual collection, pediatric, and ATS models.</td>
<td>Getinge offers cost efficiency with quality and options for ATS all with a familiar water seal operating system.</td>
</tr>
</tbody>
</table>
System set up

Open package
Remove the unit from the outer bag. Getinge chest drains are wrapped in CSR wrap and should be opened following hospital approved sterile technique.

Requirements for set up
A maximum of 500 ml of water will be required. Determine hospital’s protocol for type of water to be used for each model or procedure (sterile saline or sterile water). Sterile saline is recommended for all continuous ATS applications.

Four step set up
Swing floor stand open for set up. For models equipped with an in-line connector, move the patient tube clamp closer to the chest drain (next to the in-line connector). For those models equipped with a suction control stopcock, it must be ON during system set up. Follow steps 1-4 and refer to each model’s product insert for additional details concerning system set up, operation, instructions for use, and warnings and cautions.
Step 1

**Fill water seal to 2 cm line**

Position funnel as shown and add water to top of funnel. Raise funnel to empty water into water seal to 2 cm line.

Once filled, water becomes tinted blue for visibility of air leaks and monitoring of patient pressures. Remove the funnel and discard after use. Do not overfill water seal above 2 cm line. If necessary, remove excess with 20 gauge or smaller needle and syringe through grommet located on the back.
**Step 2**

**Fill suction control**

To fill suction control chamber to desired suction pressure level (-20 cmH₂O), remove the tethered vent-plug, pour water and replace vent-plug. Once filled, water becomes tinted blue.

**Step 3**

**Patient connection**

Remove patient tube connector cap and insert stepped connector into patient catheter(s). Remove or cut off stepped connector for “Y” connector insertion. If desired, use of nylon bands around catheter and patient tube connections will provide added security and assure an air-tight connection. The chest drain should be connected to the patient prior to initiating suction.

*Indwelling chest tube*
Step 4
Applying suction
All Getinge chest drainage systems will operate with either portable pump or wall suction commonly used for chest drainage. To apply suction, connect suction source line directly to the suction control stopcock or suction connector provided.

Connecting to regulated suction
When applying suction from either a wall regulator or pump to models equipped with a suction control stopcock, slowly increase suction source pressure until constant, gentle bubbling occurs in suction control chamber. Adjust the suction control stopcock or suction control source as needed to increase or decrease suction control bubbling.

Connecting to unregulated suction
When applying wall suction without a wall regulator to models equipped with a suction control stopcock, turn the stopcock to the OFF position prior to connecting suction source to chest drain. Once connected, use the suction control stopcock to slowly increase suction until constant, gentle bubbling occurs in suction control chamber. Adjust stopcock as needed to increase or decrease suction control bubbling.
What to check during system operation

**Suction control stopcock**

The suction control stopcock regulates vacuum to the chest drain. It provides effective control of bubbling and allows use with any unregulated suction source. The stopcock must be ON for initial system setup and **should not** be turned OFF during patient use.

![Suction control stopcock](image)

**Verifying system operation**

Water seal and suction control chambers must be filled and maintained to prescribed levels to ensure proper operation and should be checked regularly when used for extended periods. Water seal should be maintained at 2 cm line and suction control chamber should bubble **gently** when connected to suction. Adjust stopcock or suction source as needed to increase or decrease suction control bubbling.

**Placement of unit**

For optimum drainage results, always place the chest drain **below** the patient’s chest in an upright position. To avoid accidental knock-over, it is recommended to swing the floor stand open for secure placement on floor or to hang system bedside with the hangers provided.
Observing water seal for patient air leaks

A patient air leak is confirmed when air bubbles are observed going from right to left in the air leak monitor.

Continuous bubbling in the water seal air leak monitor will confirm a persistent air leak. Intermittent bubbling with float ball oscillation will confirm the presence of an intermittent air leak. No bubbling with minimal float ball oscillation at the bottom of water seal will indicate no air leak is present.

Graduated air leak monitor

Air leak bubbling can range from 1 (low) to 5 (high). Air bubbles create an easy to follow air leak pattern for monitoring patient air leak trends.

Sampling patient drainage

Sampling of patient drainage must be in accordance with approved hospital infection control standards. Selected models include a needleless luer port on the patient tube connector for sampling patient drainage. Alcohol swab the luer port prior to syringe attachment (no needle). Fluid samples can also be taken directly from the patient tube by forming a temporary dependent loop and inserting a 20 gauge needle at an oblique angle. Alcohol swab the patient tube prior to inserting syringe at a shallow angle. Do not puncture patient tube with an 18 gauge or larger needle.
Observing changes in patient pressure

Changes in patient pressure can be determined by observing the small patient pressure float ball in the graduated water seal column. When connected to suction, patient pressure will equal suction control setting plus the float ball level. For gravity drainage, patient pressure will equal the float ball level only.

High negativity float valve

Getinge’s high negativity float valve, with its controlled release action, enables the thoracic patient to draw as much intrathoracic pressure as is required during each respiratory cycle. During prolonged episodes of extreme negative pressure, the controlled release system will automatically relieve excess vacuum to a lower pressure level.

Manual high negativity vent

To manually lower the height of the water seal column or patient pressure when connected to suction, temporarily depress the filtered manual vent, located on top of the drain.

Do not use when suction is not operating
until the float valve releases and the water column lowers to the desired level. **Do not lower water seal column when suction is not operating or when patient is on gravity drainage.**

**Positive pressure protection**
Getinge’s positive pressure release valve, located on top of the drain, opens to release accumulated positive pressure. **Do not obstruct the positive pressure relief valve.**

**Adding water to water seal**
As required, additional water may be added using a 20 gauge or smaller needle and syringe via the grommet on the back. Simply fill to 2 cm line.

**Adding water to suction control**
As required, additional water may be added to the suction control chamber by temporarily turning suction source off or by turning stopcock to the OFF position. Add water to desired pressure level and slowly resume suction or slowly turn the stopcock back on to resume gentle bubbling in the suction control chamber.

**To prescribe suction pressure greater than -20 cmH₂O**
Suction pressure greater than -20 cmH₂O can be imposed directly by a graduated wall regulator or portable pump by taping over the vent plug with non-porous tape and reading vacuum pressure directly from regulator or pump. **Vacuum pressures greater than -40 mmHg are not recommended.**
To lower suction control pressure setting
To lower suction pressure setting, turn the suction source OFF, remove water by syringe to desired pressure level via the grommet on the back, and resume suction.

Recording drainage volume
The collection chamber incorporates a writing surface with easy-to-read fluid level graduation. Please refer to individual product for specific graduation.

For models equipped with in-line patient tube connector(s)
The locking in-line patient tube connector provides for system replacement, disconnection after use, or rapid in-line ATS blood bag attachment when required. The in-line connector must remain securely connected at all times during operation and patient connection. **Do not separate in-line connector prior to clamping off patient tube clamp.**

Patient tube clamp
The patient tube clamp provided with *in-line* connector models must remain open at all times during system operation. It is recommended to move the patient tube clamp next to the in-line connector (closer to chest drain) for set up convenience and routine visual check. **Do not keep patient tube clamp closed when system is connected to patient. Tube clamp must be closed prior to in-line connector separation.**
Swing out floor stand
Getinge’s floor stand swings open for system set up and placement on floor. It is recommended that the floor stand be closed during patient transit or while unit is hung on bed.

Multi-position hangers
The multi-position hangers are easily lifted from inside the handle. Press hangers into handle when not in use.

Gravity drainage
For gravity drainage applications, the drain should be placed below the patient’s chest in an upright position. Disconnect the suction source vacuum line from the stepped suction line connector or suction control stopcock. For models equipped with a suction control stopcock it is recommended to leave the stopcock in the on or open position during gravity drainage.

System disconnection
For models equipped with an in-line connector, close the patient tube slide clamp prior to disconnecting the chest drain patient tube from the patient. Clamp off all indwelling thoracic catheters prior to disconnecting the chest drain patient tube from the patient’s catheter(s).
Anatomy and physiology review

Anatomy of the chest

The chest wall is composed of the ribs, sternum, and thoracic vertebrae and are all interlaced and covered with intercostal muscle to form a semi-rigid structure. The lower boundary or floor of the thoracic cavity is known as the diaphragm, which is also composed of muscle.

Although the thoracic cavity contains two passageways which are open to the outside environment, the esophagus and trachea, the cavity itself is an enclosed structure. The interior of the thoracic cavity can be divided into three distinct areas: the mediastinum and two separate chambers for each lung. The superior mediastinum consists of soft tissue which encloses the esophagus, trachea, heart, aorta, and other major vessels. The mediastinum acts as a flexible partition which extends from front-to-back and top-to-bottom of the central portion of the chest.

The inside of the rib cage is lined by a membrane called the parietal pleura while the lungs are
covered by another membrane called the pulmonary or visceral pleura. Under normal conditions, these two pleural surfaces slide against each other allowing the lungs to expand and contract. These two surfaces are closely held to one another, being separated only by a very thin film of lubricating fluid secreted by the pleura, called pleural fluid.

**Why the lungs are expanded**

A principal factor which keeps the visceral and parietal pleurae together and not separating is vacuum, commonly referred to as negative pressure. This negative pressure, or vacuum, is present during normal respiration with the membranes closely intact under normal conditions. The presence of negative pressure between these two membranes is what helps hold the visceral pleura in close contact with the parietal pleura at all times. Hence, negative pressure or vacuum around the outside of the elastic lung is what keeps the lung in a fully expanded position, counteracting the lung’s normal tendency to shrink in size.

If air, fluid, or blood were to enter the space between these two membranes, the space created is known as a pleural space and is an abnormal occurrence. When this occurs, the lungs can no longer fully expand with each inspiration and intense pain results, inhibiting the voluntary effort of breathing.
The mechanics of breathing

Respiration is the cycle of inspiration and expiration in which air moves in and out of the lungs due to changes in pressure. When the diaphragm is stimulated by the phrenic nerve, it contracts and moves downward. With the help of the external intercostal muscles, the rib cage moves up and out. The lung itself expands because of the movement of the diaphragm and the chest wall. The surface tension of the pleural fluid together with the naturally occurring vacuum pressure induced by the pulling action of the diaphragm is what actually holds the pleural membranes together, thus keeping the lungs fully expanded.

Under normal conditions, there is always negative pressure in the pleural cavity. The degree of negativity, however, changes during respiration. During normal inspiration, intrapleural vacuum pressure is approximately -8 cmH$_2$O, while during expiration the vacuum pressure falls to -4 cmH$_2$O. With deep inspiration, intrapleural vacuum pressures can be even more negative.
Why water seal CDUs are used

Clinical needs for chest tube drainage

When the chest wall is opened either by surgery or chest injury, the in-rush of air causes the vacuum in the patient’s pleural cavity to escape and atmospheric air to enter the intrapleural space. Since the normal negative pressure or vacuum is no longer present, the lungs collapse as they depend upon this negativity or vacuum to stay fully expanded up against the inside of the chest wall. When air enters or becomes trapped inside the chest causing a pleural space, the lungs cannot fully expand, and the patient will experience difficulty in breathing. This condition is known as a pneumothorax. This is a frequent occurrence after all thoracic and cardiac surgeries, as well as with most chest wall injuries. Often, there is a combination of both air and blood present in this abnormal space, causing a similar effect on breathing. When blood collects in the patient’s pleural space, it is known as a hemothorax and when there is the combination of both blood and air, it is known as a hemopneumothorax.
Tension pneumothorax is a more serious complication that can develop when air continues to leak from a hole in the lung directly into the pleural space and has no way to escape. As more and more air accumulates in the pleural space, pressure within this space rises significantly. If the pressure within builds up enough, it causes a mediastinal shift, which means that the entire mediastinal area, including the heart and other structures, can be pushed toward the unaffected side. This reduces the size of the unaffected lung chamber, making it very difficult to breathe. A mediastinal shift can also be significant enough to collapse the unaffected lung to a measurable degree and interfere with normal heart activity.

When the compressed lung becomes collapsed as a result of a tension pneumothorax condition, a life-threatening situation develops which requires immediate attention. Early signs of mediastinal shift may include an over-expanded chest, shallow gasping respiration, a shift of the trachea in the suprasternal notch, and changes in arterial pulse. Any one or all of these signs require prompt attention and emergency action by the nurse and/or physician. Normally, this would be accomplished with a procedure known as a thoracostomy.
Other conditions in the pleural cavity that may require chest drainage intervention are pleural effusion and empyema. **Pleural effusion** is the accumulation of fluid within the pleural cavity. The presence of lymph fluid is called chylothorax and is often clear, serous fluid. **Empyema** is a pleural effusion that involves purulent material in the pleural cavity and is often caused by pneumonia, lung abscess, iatrogenic contamination of the pleural cavity, or injury.

![Pleural effusion](image)

Mediastinal drainage is routinely required after all heart surgeries, sometimes including pleural drainage. Mediastinal drainage is required to prevent the accumulation of blood and clots from taking up space in and around the pericardiac sac. If blood were left to accumulate in the mediastinal cavity, it would cause **cardiac tamponade**, resulting in cardiac distress and death.

The physician’s prescribed treatment for any of these clinical drainage situations are:

- To remove the fluid and air as promptly as possible.
- To prevent evacuated air and fluid from returning into the chest cavity.
- To expand the lungs and restore the negative pressure in the thoracic cavity back to its normal level.
What to check for during CDU use

Potential problems can be avoided by routinely checking the patient, tube connectors, and drainage system at regularly scheduled intervals. Listed below are many of those common problems that can be easily corrected:

- Clot in chest tube inside patient
- Clot in the patient tube
- Dependent loop in patient tube with fluid
- Kink in patient tube from bed rail or patient position
- Partial dislodgement of catheter from patient
- Partial disconnection of patient tube from chest tube connector

- Overfilled water seal (water is above 2 cm line)
- In-line connectors not properly secured
- Patient tube clamp may be closed
- Floor stand is not fully opened
- Chest drain is not upright
- Chest drain is not positioned sufficiently below patient’s chest
- Suction control is not bubbling due to insufficient suction regulation or poor connection
- Suction control bubbling too vigorously
Chest tube placement

**Chest tube insertion**

To facilitate air and fluid evacuation post surgically, the surgeon will insert a catheter or *thoracotomy chest tube* so that the chest tube eyelets are located inside the chest wall. The surgeon will usually suture the catheter loosely in place to facilitate removal later on. Frequently two catheters are inserted, in which case one is placed near the apex to remove air while the other is placed in the lower part of the chest to remove any pooled blood.

Thoracotomy chest tubes are normally flexible, kink resistant, clear catheters which are inserted through the chest wall via a small incision. A tight intercostal fit is preferred to minimize small bleeders around the catheter and to maintain an air-tight seal. A radiopaque stripe helps the clinician identify catheter placement and location of the “catheter eyes” during x-ray for maximum drainage efficiency.

**Typical chest tube sizes:**

- 8Fr-12Fr  
  - Infants, young children
- 16Fr-20Fr  
  - Children, young adults
- 24Fr-32Fr  
  - Most popular adult sizes
- 36Fr-40Fr  
  - Larger adult sizes
Chest tube nursing responsibilities

After chest tube insertion, the connector end of the catheter is cut to length and the chest drain stepped connector is inserted. Such connections can be secured with tape or bands for added security and to assure an air-tight tubing connection.

When two or more indwelling chest tubes are attached to a single chest drain via a “Y” connector set up, it is important to ensure that all indwelling catheters are properly tailored so as to not kink.

It is important to check the chest tube connections for signs of air leaks, such as “hissing” sounds or bubbling in the water seal. Also check the chest tube dressing and condition of the tube itself, such as position or clotting in the tube. If a tube accidentally pulls out, the insertion site should be quickly sealed with a petroleum gauze dressing to prevent air from entering the pleural cavity. The physician should be notified to assess the patient’s condition and to determine whether or not a new tube will need to be inserted bedside.
How do I confirm my patient has an air leak when there is no bubbling in the water seal?

If there are no air bubbles observed going from right to left in the air leak monitor, there is no patient air leak. In order to confirm that your patient’s chest catheter(s) are patent, temporarily turn suction off and check for oscillation of the patient pressure float ball in the water seal column coinciding with patient respiration.

How do I confirm my patient has an air leak when there is bubbling in the water seal?

Whenever constant or intermittent bubbling is present in the water seal air leak monitor, this will confirm an air leak is present. Oscillation of the patient pressure float ball at the bottom of the water seal without bubbling will indicate no apparent air leak. Bubbling from right to left must be present to confirm an air leak. To determine the source of the air leak (patient or catheter connection), momentarily clamp the patient tube close to the chest drain and observe the water seal. If bubbling stops, the air leak may be from the catheter connections or the patient’s chest. Check the catheter connectors and patient dressing for a partially withdrawn catheter. If bubbling continues after temporarily clamping the patient tube, this will indicate a system air leak requiring system replacement.
What does it mean when the small float ball is located at the bottom of the water seal column?

If the small float ball is located and oscillating at the bottom of the water seal column with no bubbling, there is no apparent patient air leak. However, the water seal should be carefully monitored for the presence of an occasional or intermittent air leak.

How do I lower the water seal level?

Changes in your patient’s intrathoracic pressure will be reflected by the height of the water in the water seal column. These changes are usually due to mechanical means such as milking or stripping patient drainage tubes, or simply by deep inspiration by your patient after all air leaks have subsided. If desired, the height of the water column and patient pressure can be reduced by temporarily depressing the filtered manual vent located on top of the drain, until the float valve releases and the water column lowers to the desired level. Do not lower water seal column when suction is not operating, or when patient is on gravity drainage.

What happens when the water rises to the top of the water seal float valve?

The water seal column is a calibrated manometer for monitoring your patient’s intrathoracic pressure. When intrathoracic pressures increase, causing the water to rise to the top of the water seal float valve, the ball floats up and “seats” up against a curved valve seat. This valve seat has been engineered to allow a specific amount of water to pass through it during a defined amount of time. When vacuum
pressures greater than -20 cmH₂O on gravity or -40 cmH₂O on suction occur for an extended period of time, water will pass through the valve and float valve to allow the water seal to release automatically. The benefit to Getinge’s controlled release design is that during normal or deep inspiration, the float valve will float up and down with each respiratory cycle, not allowing the water seal to release. This enables thoracic patients to draw as much intrathoracic pressure as they may require during each respiratory cycle.

Q Is it normal for the patient pressure float ball to fluctuate up and down (tidal) near the bottom of the water seal column?

A Yes. Once your patient’s air leak is resolved, you will generally observe moderate tidalizing in the water seal column. Increases in intrathoracic pressure will cause the water level to rise (the ball rises) during patient inspiration and will lower or decrease (the ball drops) during expiration. This tool will help to confirm patency of your patient’s catheter(s).
What happens when there is no bubbling in the suction control chamber?

Check to be sure the suction tubing is connected to the chest drain and to the wall regulator and the suction source is turned on. Adjusting Getinge’s suction control stopcock is required for constant gentle bubbling.

What happens when there is vigorous bubbling in the suction control chamber?

Vigorous bubbling causes quicker evaporation and produces excessive noise. Constant, gentle bubbling is all that is required to impose the prescribed amount of suction. Getinge’s suction control stopcock located on the suction tubing, can be used to adjust bubbling. The suction source regulator can also be adjusted to turn suction control bubbling up or down.

How can I connect multiple chest drains to one suction source easily?

With Getinge models equipped with a suction control stopcock, connection of two or more chest drains to a common suction source is made easier. Place a 1/4" x 1/4" x 1/4" Y connector on the suction tubing.

Cut chest drain suction line and insert stopcock into open tubing

Illustration 1.
wall suction tubing. Cut the drain suction tubing where indicated in *Illustration 1*. Now invert the cut sections of suction tubing as shown in *Illustration 2*. and insert them into the suction tubing remaining on the chest drain.

Now you have two open ends of suction line tubing for the Y connector to be placed. Turn on suction and adjust Getinge’s suction control stopcock on each drain to achieve constant, gentle bubbling with each.

**Q** Should the suction control stopcock be turned off for gravity drainage or for patient transport?

**A** No. The patient is protected two ways: first by the one-way valve created by the water seal to maintain the desired patient vacuum pressure, and second, the patient is protected by the integral positive pressure valve in the event the stopcock is turned off. It is not necessary to turn off the stopcock, clamp or cap the suction line during gravity drainage or patient transport. Both the water seal and the positive pressure valve provide maximum patient protection when either the suction line or stopcock remain open or closed.
Should the manual vent be used during gravity drainage?
No. It is not recommended to depress the manual vent during gravity (no suction) drainage.

If the chest drainage system has been knocked over, can I use it and what should I do?
After a chest drainage system has been knocked over, set it upright and immediately check the fluid levels of the water seal and suction control chambers for proper volumes. Getinge provides convenient diaphragms for access by a 20 gauge or smaller needle and syringe to adjust the water level in each chamber, if required. Alcohol swab the needle access area and aspirate any overfill that may have occurred. If the water seal or suction control chambers have an inadequate fluid level, simply replace the lost volume. If a significant amount of blood has entered the water seal, it may be advisable to change the system for a new one.

How do I dispose of the system?
Disposal of system and contents must be in accordance with approved hospital infection control standards.
Customer service

If a question or need arises for customer service, product information, or to request inservice educational material, we invite you to call anytime.

In the USA 1-800-528-7486
www.getinge.com
Outside the USA 603-880-1433
www.getinge.com/int/